

FIRST SUNDAY OF ADVENT – OUR LADY STAR OF THE SEA – 2021

Kyrie XVII

vi
K Y-ri- c, * e- lé- i-son. ij. Christe, e- lé- i-son. ij. Ký-ri- c, e- lé- i-son. Ký-ri- c, *
Lord, have mercy. Christ, have mercy. Lord, have mercy. Lord,
** e- lé- i-son.
have mercy.

Homily Outline

“Be Healed III”

The difficult times and crises of life can be the greatest opportunities for us if we respond with faith.

“When the Church celebrates the liturgy of Advent each year, she makes present this ancient expectancy of the Messiah, for by sharing in the long preparation for the Savior’s first coming, the faithful renew their ardent desire for his second coming.” (CCC 524)

STAND ERECT AND RAISE YOUR HEADS BECAUSE YOUR REDEMPTION IS AT HAND.

1. Sometimes it can seem like our world is collapsing around us

2. What do you want? What does Jesus want?

If I asked you in the middle of some crisis what do you want the answer is usually something like:

- “I just want this thing to go away – to be fixed – if this one thing were fixed everything would be perfect – well, not perfect, but fine, functioning at least.”
- Or, “I just want to go back to the way it was before.”

The problem is that the crisis is generally just a symptom of the underlying pathology that you’ve been living with for a long time, that you’ve gotten comfortable with.

Jesus wants to dwell with us. He is attracted to the crisis. He wants to walk into the very midst of the chaos, destruction and storm, and dwell with us. In the midst of a crisis, we often cry out, “Where are you, God?” He wants to come to dwell in the midst of what appears to be our downfall.

This is getting to the real spirit of Advent: to ponder the mystery that in the midst of crisis, darkness, destruction, poverty and loss, Jesus Christ, God the Son made man, comes to us and is born in the midst of the mess.

That is why we can often look back at the most difficult times of our lives and realize that those were the best things that could’ve happened to us – those were the times of the greatest growth in holiness and faith, in personal “growing up”

3. The greatest crises can turn into the greatest opportunities – when we respond with faith.

Often in a crisis all we see is threat and destruction, but Jesus sees more. He sees opportunity and invites us to see it as well.

Respond with faith

- The Lord is at work - Faith to say “yes” to whatever he wants to accomplish in us - Faith to not just look for quick fixes and evasions
- Honesty and humility to know that we need conversion and transformation and healing

Recommended Books

Be Healed: A Guide to Encountering the Powerful Love of Jesus in Your Life. By Dr. Bob Schuchts

Be Transformed: The Healing Power of the Sacraments. By Dr. Bob Schuchts

Be Devoted: Restoring Friendship, Passion, and Communion in Your Marriage. Bob Schuchts, Christopher West, Wendy West

Be Restored: Healing Our Sexual Wounds through Jesus Merciful Love. By Dr. Bob Schuchts

Loved as I Am: An Invitation to Conversion, Healing, and Freedom through Jesus. By Sr. Miriam James Heidland SOLT

Podcast

Restore the Glory. By Dr. Bob Schuchts and Jake Khym M.A.

Credo III (for musical setting see page 899 in the red Lumen Christi Missal)

Credo in unum Deum. Patrem omnipotentem, factorem caeli et terrae, visibilium omnium et invisibilium. Et in unum Dominum Jesum Christum, Filium Dei unigenitum, et ex Patre natum ante omnia saecula. Deum de Deo, lumen de lumine, Deum verum de Deo vero. Genitum, non factum, consubstantialem Patri: per quem omnia facta sunt. Qui propter nos homines et propter nostram salutem descendit de caelis. (all profoundly bow) *Et incarnatus est de Spiritu Sancto ex Maria Virgine: Et homo factus est.* Crucifixus etiam pro nobis sub Pontio Pilato: passus, et sepultus est. Et resurrexit tertia die, secundum scripturas. Et ascendit in caelum: sedet ad dexteram Patris. Et iterum venturus est cum gloria judicare vivos et mortuos: Cujus regni non erit finis. Et in Spiritum sanctum Dominum, et vivificantem: Qui ex Patre, Filioque procedit. Qui cum Patre, et Filio simul adoratur, et conglorificatur: Qui locutus est per Prophetas. Et unam, sanctam, catholicam et apostolicam Ecclesiam. Confiteor unum baptisma in remissionem peccatorum. Et expecto resurrectionem mortuorum et vitam venturi saeculi. Amen.

Sanctus XVII

S An-ctus, * San-ctus, San-ctus Dómi-nus De- us Sá- ba- oth. Ple-ni sunt cæ- li et ter- ra gló-ri- a tu- a. Ho- sán-na
Holy, Holy, Holy Lord God of hosts, Heaven and earth are full of your glory. Hosanna

in excél- sis. Be-ne-dictus qui ve-nit in nómi-ne Dómi-ni. Ho- sán-na in excél- sis.
in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Agnus Dei XVII

A - gnus De- i, * qui tol- lis pec- cá- ta mundi: mi- se- ré- re no- bis. Agnus De- i, * qui tol- lis pec- cá- ta mundi: mi- se- ré- re
Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy

no- bis. A- gnus De- i, * qui tol- lis pec- cá- ta mundi: do- na no- bis pa- cem.
on us. Lamb of God, you take away the sins of the world, grant us peace.